Rugby Referee's Kit List

water/juice

sun block

any needed medication

directions to pitch boots and spare pair mobile phone contact information for match extra cleats (if screw-in type) wallet

whistles sanitary socks coins oversocks score cards jocks or bras

pencils shorts spare glasses
yellow & red cards undershirts spare contact lenses
touch flags jersey, short sleeve (several) contact lens solutions
watches jersey, long sleeve (several) athletic tape

law book sweat pants towel

notebook and game notes jacket soap
pencil sharpener thermal undershirt shampoo
pens gloves street clothes

pump and pins hat radios (3) foul-weather gear

Customize this list for yourself. Before each match day, consider the weather conditions, the number of games you will do, whether you're coaching/evaluating another referee, and your plans after the match(es). Overnight trips or those with special social events require additional items.